

## Pinball Wiser

*By Stina Hoberecht, p. 36*

### **Deepening my faith through mindfulness and radical acceptance**

1. Stina Hoberecht refers to life as a pinball game because of all the surprising bounces her own life has taken. When have you been redirected from your intended path to something that was better than your original plan?
2. What would concern you most about pursuing an education at an institution that varied greatly from your culture or beliefs?
3. How did the concept of “softening the rigidity” change Hoberecht’s faith journey?
4. Hoberecht quotes Richard Rohr as saying, “We cannot attain the presence of God because we’re already in the presence of God. What’s absent is awareness.” How would you apply this kind of awareness in your own life?
5. What did “radical acceptance” mean for Hoberecht and what might it mean for you?