

## Rendered Free

*By Arielle Grant, p. 30*

### **Interrupting racial trauma by making space for healing**

1. What was the racial demographic of your elementary school?
2. Arielle Grant was taught by the church and by the world to “Love your enemy” and suffer mistreatment silently. What is the balance between “turning the other cheek” and standing up for what you need?
3. Grant found community with people who had similar experiences to her own. When have you found healing from the presence of others who have endured similar challenges or traumas to your own?
4. What do you think Arielle Grant wants you to understand about being God’s image-bearer?
5. Grant says, “the church has an opportunity to disrupt systemic racism and to interrupt racial trauma by holding Black and brown women who are forced to struggle within these unjust systems.” How would you like to see your church engage in this mission?