

Always on My Mind

By Marvin B. Eppard, p. 36

A pastor shares the bittersweet journey of caring for his wife as they face Alzheimer's together.

1. What connections do you have, either through family or friends, with Alzheimer's disease?
2. Before his friends could begin to help, Marvin Eppard had to confide in them. When do you find it difficult to ask others for help?
3. One of the meaningful interactions Eppard appreciated was friends who delivered meals and then ate with them. How might you incorporate this ministry of presence to fit with the people in your life?
4. Eppard confesses that he sometimes avoided people with dementia because he did not know how to relate to them. How does his experience make you want to change the way you relate to people who make you uncomfortable?
5. In what ways is your church ministering to those in your congregation with Alzheimer's?