

## Meet and Greet Survival Guide

*By Linda Sladkey, p. 40*

### **An introvert's approach to Sunday morning services**

1. Where do you think you would land on an introvert/extravert scale?
2. Did the statistics on introverts surprise you?
3. What is the most meaningful part of a Sunday morning worship service for you?
4. What is the difference between a meet-and-greet time and passing the peace?
5. Which of the four survival tips do you find most challenging?