

Fall into Gratitude

by Kathy Khang, p. 39

Reflections in a season of thankfulness.

1. What do you like best about fall?
2. Kathy Khang keeps a written record of things she is grateful for. How is writing down your thankfulness different than just thinking about it?
3. In reviewing the things she was thankful for, Khang discovered that her list was more focused on relationships than actual things. Is it easier for you to identify things or relational experiences when you express thankfulness to God?
4. How does the timing of Thanksgiving Day, near the beginning of the Advent season, influence your Christmas preparations?
5. What moments with friends and family are you thankful for this season?