

## A Stored-Up Sorrow

*by Royce Eckhardt, p. 36*

**An unexpected encounter at McDonald's brings new healing to an old grief.**

1. The article opens with the author preparing to eat his lunch at McDonald's. What is your favorite fast-food restaurant? What do you order there?
2. Royce Eckhardt repeats the adage that time heals. What experiences or losses make you testify to this being true? Are there situations in your life where that has not been true for you?
3. Considering his brother's perspective for the first time caused fresh grief for Eckhardt and he left the restaurant in tears. How do you respond when sorrow takes you by surprise?
4. Often in times of loss we look to Job. What aspect of Job's story brings comfort to those experiencing acute grief?
5. Eckhardt's father turned to the Scriptures and to caring Christian friends for wisdom and comfort while Eckhardt himself looks to hymns for consolation. Where do you typically turn in times of grief?